Gas Chromatography-Mass Spectrometry Based Metabolite Profiling and *In Silico* Activity Prediction of Phytoconstituents in *Phoenix dactylifera L*. Leaves Extracts of Kachchh Region

Hency Thacker\*, Vijay Ram

## ABSTRACT

Phoenix dactylifera L. commonly known as date palm is one of the major flora grown in the Kachchh region. Date palm is dioecious plant, that is, it owns separate male and female trees. Gas chromatography-mass spectrometry (GC-MS), high-performance liquid chromatography, high-performance thin layer chromatography, and infrared red spectroscopy are some widely utilized sophisticated analytical techniques for the identification of bioactive phytoconstituents in medicinal plants. The present study aims to identify phytoconstituents present in ethyl acetate extract of male and female date palm leaves using GC-MS. These identified bioactive phytoconstituents were subjected to *in silico* useful biological activity prediction using pass online server. The study concluded that both male and female extracts were enriched phytochemicals possessing diverse valuable biological activity such as antihypercholestrolemic, anticancer, antineopolastic, lipid metabolism regulator, hepatoprotectant, and apoptosis antagonist.

**Keywords:** Alpha amyrin, Beta-sitosterol, Gas chromatography, Pass online, *Phoenix dactylifera* L. *Asian Pac. J. Health Sci.*, (2022); DOI: 10.21276/apjhs.2022.9.1.24

## INTRODUCTION

Plants are indispensible provenance of medicine since ancient times as they are comprised of chemical entities having relevant biological and pharmacological traits.<sup>[1,2]</sup> Plant-based conventional therapeutics are preferentially utilized over contemporary synthetic medications because of their environmentally compatible characteristics and they are extinct of side effects.<sup>[3]</sup> Phytochemicals present in plants possess diverse range of beneficial biological activities such as antioxidant, anticancer, analgesic, anti-microbial, anti-diarrheal, and so on.<sup>[4]</sup> Gas chromatography-mass spectrometry (GC-MS) is a widely used hyphenated analytical technique for analysis of biologically active phyto-constituents such as fatty acids, lipids, steroids, essential oil, alkaloids, and terpenoids.<sup>[5,6]</sup>

*Phoenix dactylifera L.* commonly known as date palm is dioecious plant which means it owns individual male and female flora.<sup>[7]</sup> *P. dactylifera L.* fruit extracts are enriched with phytochemicals possessing numerous health boosting effects such as antioxidant, free radical scavenging, coronary heart disorder prevention, anticancer, hepatoprotective, and anti-inflammatory traits.<sup>[8]</sup> A topical cream derived from *P. dactylifera L.* fruits exert anti-aging, anti-acne, moisturizing, and whitening effects on healthy skin.<sup>[9]</sup> *P. dactylifera L.* leaf and stem extracts exert advantageous effect in regulation of lipid profiles and thyroid hormones.<sup>[10]</sup> Date palm cultivation preoccupies 16000 km<sup>2</sup> land of Kachchh region. Date palm fruits are sold at the price ranging from 10 to 400 INR or more. However, date palm leaves find no discrete usage.<sup>[11]</sup> The present study includes *in silico* biological activity prediction of different phytoconstituents identified by GC-MS analysis of male and female date palm leaves extracts of Kachchh region.

# MATERIALS AND METHODS

#### Sample Collection and Storage

Male and female *P. dactylifera L.* leaves were collected from local farm house at Bhuj during the month of December. The leaves

Department of Chemistry, KSKV Kachchh University, Bhuj (Kachchh), Gujarat, India.

**Corresponding author:** Hency Thacker, Department of Chemistry, KSKV Kachchh University, Bhuj (Kachchh), Gujarat, India. E-mail: drvrram@gmail.com

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were cleaned with distilled water and dried under shade. The resultant leaves were utilized for further studies.

#### **Extract Preparation**

Male and female date palm leaves were powdered using mechanical grinder. For the preparation of extracts, 10 g of powdered leaves sample were extracted with 100 ml of ethyl acetate by maceration for 24 h. The resultant extracts were diluted to appropriate concentration for GC-MS analysis.

## **GC-MS** Analysis

GC-MS analysis was carried using Shimadzu GC-MS QP 2010. Helium was used as a carrier gas with constant flow rate of 1.50 ml/min. Sample volume of 2  $\mu$ L was injected into the column and at the pressure 88.6 kPa. The final column oven temperature was set to 280°C with the heating rate 10°C/min. The mass spectrum of each component was recorded between the mass range m/z 50 and m/z 750. Name, molecular weight, and molecular structure of each detected compounds were done

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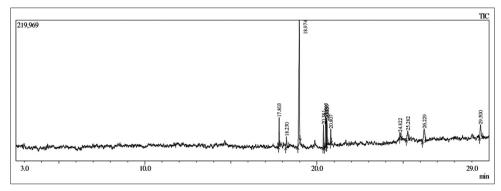


Figure 1: Gas chromatogram of phytoconstituents of female date palm ethyl acetate extract

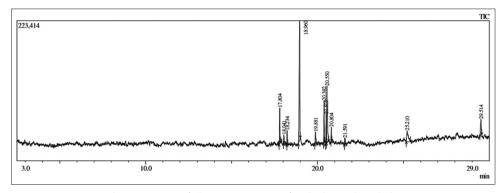


Figure 2: Gas chromatogram of phytoconstituents of male date palm ethyl acetate extract

Table 1: Retention time, relative percentage,	and name of
phytoconstituents identified using NIST and WILE	Y library from Gas
Chromatogram in female date palm ethyl aceta	te leaves extract

S. No.	Retention	Relative	Compound name
	time	percentage	
1.	17.80	5.50	Neophytadiene
2.	18.23	3.50	Phytol acetate
3.	18.97	40.05	n-hexadecanoic acid
4.	20.38	4.74	phytol
5.	20.51	8.83	8-Dodecen-1-ol, acetate
6.	20.55	5.98	3-6-Nonadien-1-yl-acetate
7.	20.58	5.16	Octadec-9-enoic acid
8.	20.80	2.61	Octadecanoic acid
9.	24.82	2.11	Beta-sitosterol
10.	25.28	5.17	Alpha-amyrin
11.	26.23	9.18	Lupeol
12.	29.500	7.17	Hexacosane

 Table 2: Retention time, relative percentage, and name of

 phytoconstituents identified using NIST and WILEY library from Gas

 Chromatogram in male date palm ethyl acetate leaves extract

Chromatogram in male date pain ethyracetate leaves extract				
S. No.	Retention	Relative	Compound name	
	time	percentage		
1.	17.80	6.67	Neophytadiene	
2.	18.04	1.40	Phytol acetate	
3.	18.23	2.53	3,7,11,15-Tetramethyl-2-	
			hexadecen-1-ol	
4.	18.96	34.42	n-hexadecanoic acid	
5.	19.88	3.21	Heptadecanoic acid	
6.	20.38	8.26	Phytol	
7.	20.50	7.71	cis-7-Dodecen-1-yl acetate	
8.	20.55	18.57	9,12,15-Octadecatrienoic acid	
9.	20.80	2.45	Octadecanoic acid	
10.	21.59	1.62	Paramethaqualone	
11.	25.21	8.05	Quinazolin-4(3H)-one	
12.	29.51	5.10	Hexacosane	

by comparing mass spectra of unknown compound with mass spectra of standard compound found in database of NIST 11, NIST 11s, and Wiley library.

Figures 1 and 2 represent total ion chromatogram of GC-MS analysis of female and male date palm leaves extracts respectively.

### In Silico Activity Prediction

*In silico* activity prediction of selected phytoconstituents identified by GC-MS was done using Pass online server (www.way2drug. com).<sup>[12,13]</sup> It reveals the prediction score for biological traits by means of ratio of probability to be active Pa to the probability to

be inactive Pi. Enhanced value of Pa indicates higher probability of a given biological activity for the component.

# **R**ESULTS AND **D**ISCUSSION

Neophytadiene is a triterpenoid compound possessing antifungal, anti-oxidant, anti-microbial, anti-inflammatory, antipyretic, and analgesic properties.<sup>[14,15]</sup> It also aids healing of headache, rheumatism, and some skin ailments.<sup>[16]</sup> Phytol possess anti-noconceptive, anti-oxidant, anti-microbial, anti-cancer, anxiolytic, anti-depressant, anti-inflammatory, anti-hyperalgesic,

S. No.       Compound name       Activity         1.       Neophytadiene       Phobic disorders treatment         1.       Testosterone 17 beta-       dehydrogenase (NADP+) inhibitor         2.       n- hexadecanoic acid       Acrocylindropepsin inhibitor         2.       n- hexadecanoic acid       Acylcarnitine hydrolase inhibitor         3.       Phytol       Phytol         3.       Phytol       Prenyl-diphosphatase inhibitor         Chymosin inhibitor       Retinol dehydrogenase inhibitor         3.       Phytol       Prenyl-diphosphatase inhibitor         4.       Ubiquinol-cytochrome-c reductase inhibitor         1.       Lipid metabolism regultor	Pa 0.86 0.853 0.833 0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907 0.905	Pi 0.014 0.014 0.014 0.014 0.014 0.001 0.001 0.001 0.002 0.002 0.002 0.002 0.002
<ul> <li>Testosterone 17 beta- dehydrogenase (NADP+) inhibitor Saccharopepsin inhibitor</li> <li>n- hexadecanoic acid</li> <li>Acrocylindropepsin inhibitor</li> <li>Acrocylindropepsin inhibitor</li> <li>Acrocylindropepsin inhibitor</li> <li>Acrocylindropepsin inhibitor</li> <li>Acrocylindropepsin inhibitor</li> <li>Acylcarnitine hydrolase inhibitor</li> <li>Alkylacetylglycerophosphatase</li> <li>inhibitor</li> <li>Sugar-phosphatase inhibitor</li> <li>Phytol</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase</li> <li>inhibitor</li> </ul>	0.853 0.833 0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.014 0.014 0.014 0.001 0.001 0.001 0.004 0.002 0.002 0.002
<ul> <li>dehydrogenase (NADP+) inhibitor Saccharopepsin inhibitor</li> <li>n- hexadecanoic acid</li> <li>Acylcarnitine hydrolase inhibitor</li> <li>Acylcarnitine hydrolase inhibitor</li> <li>Alkylacetylglycerophosphatase inhibitor</li> <li>Antieczematic</li> <li>Sugar-phosphatase inhibitor</li> <li>Phytol</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase inhibitor</li> </ul>	0.833 0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.014 0.014 0.001 0.001 0.001 0.004 0.002 0.002 0.002
<ul> <li>Saccharopepsin inhibitor Acrocylindropepsin inhibitor</li> <li>n- hexadecanoic acid</li> <li>Acylcarnitine hydrolase inhibitor Alkylacetylglycerophosphatase inhibitor</li> <li>antieczematic Sugar-phosphatase inhibitor</li> <li>Phytol</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor Ubiquinol-cytochrome-c reductase inhibitor</li> </ul>	0.833 0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.014 0.014 0.001 0.001 0.004 0.002 0.002 0.002
<ul> <li>2. n- hexadecanoic acid</li> <li>Acrocylindropepsin inhibitor Chymosin inhibitor</li> <li>Acylcarnitine hydrolase inhibitor Alkylacetylglycerophosphatase inhibitor</li> <li>Antieczematic Sugar-phosphatase inhibitor</li> <li>3. Phytol</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor Retinol dehydrogenase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase inhibitor</li> </ul>	0.833 0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.014 0.014 0.001 0.001 0.004 0.002 0.002 0.002
<ul> <li>2. n- hexadecanoic acid</li> <li>2. n- hexadecanoic acid</li> <li>Acylcarnitine hydrolase inhibitor</li> <li>Alkylacetylglycerophosphatase</li> <li>inhibitor</li> <li>Antieczematic</li> <li>Sugar-phosphatase inhibitor</li> <li>Chymosin inhibitor</li> <li>3. Phytol</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Retinol dehydrogenase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase</li> <li>inhibitor</li> </ul>	0.833 0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.014 0.001 0.001 0.004 0.002 0.002 0.002
<ol> <li>n- hexadecanoic acid</li> <li>Acylcarnitine hydrolase inhibitor Alkylacetylglycerophosphatase inhibitor</li> <li>Antieczematic</li> <li>Sugar-phosphatase inhibitor</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Retinol dehydrogenase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase inhibitor</li> </ol>	0.973 0.966 0.920 0.945 0.961 0.911 0.907	0.001 0.001 0.004 0.002 0.002 0.002
<ul> <li>Alkylacetylglycerophosphatase inhibitor</li> <li>Antieczematic</li> <li>Sugar-phosphatase inhibitor</li> <li>Chymosin inhibitor</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Retinol dehydrogenase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase inhibitor</li> </ul>	0.966 0.920 0.945 0.961 0.911 0.907	0.001 0.004 0.002 0.002 0.002
<ul> <li>a. Phytol</li> <li>3. Phytol</li> <li>b. Prenyl-diphosphatase inhibitor</li> <li>Chymosin inhibitor</li> <li>B. Phytol</li> <li>Chymosin inhibitor</li>     &lt;</ul>	0.920 0.945 0.961 0.911 0.907	0.004 0.002 0.002 0.002
<ul> <li>Antieczematic</li> <li>Sugar-phosphatase inhibitor</li> <li>Chymosin inhibitor</li> <li>Phytol</li> <li>Prenyl-diphosphatase inhibitor</li> <li>Retinol dehydrogenase inhibitor</li> <li>Ubiquinol-cytochrome-c reductase</li> <li>inhibitor</li> </ul>	0.945 0.961 0.911 0.907	0.002 0.002 0.002
3. Phytol Sugar-phosphatase inhibitor Hermitian Prenyl-diphosphatase inhibitor Retinol dehydrogenase inhibitor Ubiquinol-cytochrome-c reductase inhibitor	0.945 0.961 0.911 0.907	0.002 0.002 0.002
3. Phytol Chymosin inhibitor 4. Prenyl-diphosphatase inhibitor 7. Retinol dehydrogenase inhibitor 7. Ubiquinol-cytochrome-c reductase 7. Inhibitor	0.961 0.911 0.907	0.002 0.002
3. Phytol Prenyl-diphosphatase inhibitor Retinol dehydrogenase inhibitor Ubiquinol-cytochrome-c reductase inhibitor	0.911 0.907	0.002
Retinol dehydrogenase inhibitor Ubiquinol-cytochrome-c reductase inhibitor	0.907	
Ubiquinol-cytochrome-c reductase inhibitor		
inhibitor	0.905	0.001
		0.005
Linid metabolism regultor	0.000	0.005
	0.828	0.005
Carboxypeptidase Taq inhibitor	0.750	0.012
4. 8-Dodecen-1-ol, acetate Mucomembranous protector	0.921	0.004
Antieczematic	0.916	0.004
Lipid metabolism regulator	0.906	0.004
Acylcarnitine hydrolase inhibitor	0.829	0.010
Antihypercholesterolemic	0.789	0.005
5. 3-6-Nonadien-1-yl-acetate Antieczematic	0.935	0.003
Lipid metabolism regulator	0.881	0.004
Anti-inflammatory	0.859	0.005
Phobic disorders treatment	0.858	0.015
6. octadec-9-enoic acid Saccharopepsin inhibitor 6. Acylcarnitine hydrolase inhibitor	0.839 0.956	0.013 0.002
Antieczematic	0.947	0.003
Lipid metabolism regulator	0.908 0.872	0.004 0.003
Vasoprotector	0.872	0.003
7. Octadecanoic acid Antimutagenic Acylcarnitine hydrolase inhibitor	0.852	0.003
Levanase inhibitor	0.975	0.001
Antieczematic	0.920	0.002
Urethanase inhibitor	0.920	0.004
Antiseborrheic	0.866	0.003
8. Beta-sitosterol Antihypercholesterolemic	0.960	0.002
Cholesterol antagonist	0.900	0.002
Acylcarnitine hydrolase inhibitor	0.928	0.001
Hypolipemic	0.924	0.003
Chemopreventive	0.831	0.004
9. Alpha-amyrin Insulin promoter	0.934	0.003
Hepatoprotectant	0.926	0.002
Apoptosis agonist	0.920	0.002
Apoptosis agoinst	0.901	0.004
Anti-inflammatory	0.889	0.003
10. Lupeol Antineoplastic	0.889	0.004
Hepatoprotectant	0.930	0.004
Apoptosis agonist	0.883	0.002
Apoptosis agonist Acylcarnitine hydrolase inhibitor	0.883	0.005
Acycanitine hydrolase inhibitor	0.009	0.000

 Table 3: Pa and Pi values corresponding to useful biological activity of phytoconstituents of date palm leaves extracts

 evaluated using pass online

anti-pyretic, and anti-arthritic activities.<sup>[17,18]</sup> Phytol is used as incense substance and is incorporated in variety of cosmetic and non-cosmetic formulations.<sup>[19]</sup> Phospholipase A2 promotes the formation of lipid intermediates of inflammation by stimulating hydrolysis of membrane phospholipids. Hexadecanoic acid exerts anti-inflammatory action by inhibiting phospholipase A2.<sup>[20,21]</sup> Hexadecanoic acid also possess anti-bacterial, anti-fungal, anti-oxidant, anti-psychotic, and anti-androgenic.<sup>[22,23]</sup> Octadecanoic acid is anti-bacterial, anti-fungal, and anti-tumor activities.<sup>[24]</sup> It is employed as solidifying agent in cosmetic formulations.<sup>[25]</sup> Oleic acid stimulates insulin signaling by retarding protein tyrosine

phosphatase 1B and leptin signaling pathway.<sup>[26]</sup> B-sitosterol is a bioactive phytosterol possessing anti-oxidant, antidiabetic, immunomodulatory, anti-microbial, anti-cancer, lipid lowering, hepatoprotective, wound healing, anti-inflammatory, antixiolytic, and sedative properties.<sup>[27]</sup>  $\alpha$ -amyrin possess anticonvulsant, anxiolytic, anti-depressant, anti-inflammatory, analgesic, gastro protective, hepatoprotective, anti-pancreatitis, anti-colititis, anti-hyperglycemic, and hypolipidemic traits.<sup>[28]</sup> Lupeol is lupane type triterpenoid having wound healing, anticancer, anti-mutagenic, anti-protozoal, chemopreventive, anti-inflammatory, cardioprotective, hepatoprotective, anti-microbial, anti-allergic, and anti-urolithiatic properties.<sup>[29,30]</sup> Z-8-dodecen-1-ol acetate is a sex pheromone of oriental fruit moth (*Grapholita molesta*).<sup>[31]</sup>

N-hexadecanoic acid, octadecanoic acid, octadec-9-enoic acid, and beta sitosterol were significantly predicted as potent acylcarnitine hydrolase inhibitors (Pa > 0.9). Acylcarnitines stimulate the balance of intracellular sugar and lipid metabolism, peroxidation of fatty acids, synthesis of ketone bodies, and metabolism of amino acids.[32] Lipid metabolism is concerned with production of variety of structural and functional lipids and their deterioration to gratify metabolic requirements of the body.[33] Polyunsaturated fatty acids reform blood lipid profiles by modulating the formation and oxidation of saturated fatty acids and monounsaturated fatty acids.<sup>[34]</sup> Phytol and Phytol acetate were anticipated as effective lipid metabolism regulators with Pa values 0.828 and 0.94, respectively. Phytol is a diterpene alcohol and serves as primary constituent for synthesis of phytanic acid. Phytanic acid regulates lipid metabolism by reviving of peroxisome proliferator-activated receptors.<sup>[35]</sup> Pa value for antihypercholestrolemic activity of  $\beta$  sitosterol was found to 0.960.  $\beta$ -sitosterol prevents  $\beta$ -amyloid protein release induced due to elevated cholesterol levels by stimulating membrane cholesterol homeostasis.<sup>[36,37]</sup> Alpha amyrin exerts hepatoprotective action (Pa = 0.926) by attenuating oxidative stress and toxic metabolite formation.<sup>[38]</sup> Amyrin esters are known to promote cell necrosis in HL-60 leukemia cells through apoptosis.[39] This is in accordance with Pa = 0.911 of alpha amyrin for apoptosis agonist activity. Lupeol was evaluated as effective antineopolastic (Pa = (0.950) and hepatoprotective (Pa = 0.907) entities. Triterpenoids are optimistic antineopolastic agents due to potential to retard tumor escalation, cell cycle succession, and stimulate apoptosis of tumor cells.<sup>[40]</sup> Lupeol possesses safeguarding effect against hepatotoxicity induced by carbon tetrachloride, paracetamol, and 7 and 12-dimethylbenz (a) anthracene.[41-43]

Tables 1 and 2 represents bioactive phytoconstituents present in female and male date palm leaves extracts respectively. Table 3 represents  $P_a$  and  $P_i$  values of different biological activity of phytoconstituents as evaluated using PASS online.

## CONCLUSION

The present study intended to identify bioactive phytochemicals present in the extracts of male and female date palm leaves. *In silico* activity prediction of these phytoconstituents may serve as basis for further *in vivo* and *in vitro* analysis of extracts. The result of *in silico* activity prediction reveals the presence of phytochemicals with potential therapeutic applications such as anticancer, antineopolastic, hepatoprotectant, anti-diabetic, and lipid metabolism regulators. However, detailed further study is required for determination of the most potent bioactive phytoconstituent and their mechanism of action.

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