Document heading doi: 10.21276/apjhs.2017.4.1.29

**Research Article** 

# Consanguinity, inbreeding and genetic load in salis: A sub divided population of Andhra Pradesh, South India

## P. Mohan Rao<sup>1\*</sup>, M. Ramesh<sup>2</sup>, K. Geetha Kumari<sup>2</sup>, G. Sudhakar<sup>2</sup>

<sup>1</sup>Associate Professor, Community Medicine, GEMS Hospital, Ragolu, Srikakulam Dist, Andhra Pradesh, India <sup>2</sup>Department of Human Genetics, Andhra University, Visakhapatnam, Andhra Pradesh, India

#### ABSTRACT

Aims and Objectives: The objective of the present study is to assess the genetic composition of the two subgroups of Salis and the extent of genetic differentiation among them with the help of various demographic and genetic variables. Materials and Methods: A total of 520 couples belonging to two sub-groups namely, Padmasalis and Pattusalis residing in and around Visakhapatnam and Vizianagaram of Andhra Pradesh were included in this study. Demographic data pertaining to consanguinity and reproductive histories were obtained. Statistical analysis was done using SPSS v 19 software. Results: Out of 520 married couples, 180 women had practiced consanguineous marriages (34.62%) and 340 women had adapted to non-consanguineous (65.38%) marriages. The overall consanguinity is more among the Padmasalis (36.98%) than among the Pattusalis (32.16%). However, the difference between the two groups is not statistically significant. The coefficient values for autosomal genes is higher in Padmasalis (0.0354) than the Pattusalis (0.0279). Likewise, the coefficient values for sex-linked genes is higher in Padmasalis (0.0340) than the Pattusalis (0.0319). In the present study population the inbreeding load (B) obtained for Pattusalis was positive (0.8850) but in Padmasalis it was negative (-2.5714) indicating an increase in survival of individuals with increased homozygosity. The random load (A) in Pattusalis was 1.5944 and in Padmasalis it was 1.9290. The pooled data of Salis recorded a negative B value indicating an increase of fitness of offspring in comparison to the fitness of their parental generations. Conclusion: The frequency of consanguinity was found to be high in Salis. The findings are in concurrence with the earlier reports of high prevalence of consanguineous marriages in South India. Female education, socio-economic status and parental decisions in marriages may be the reasons.

Keywords: Consanguinity, Inbreeding, Genetic Load, Salis

#### Introduction

The terms inbreeding and consanguinity are used interchangeably to describe union between couples who share at least one common ancestor. Inbreeding in population genetic terms refers to a departure from nonrandom "mating" in which individuals "mate" with those more similar (genetically) to them than if they "mated at random" in the population. In clinical genetics, it is called the relationship by marriage between first and second cousins [1]. Rate of

Associate Professor, Community Medicine, GEMS Hospital, Ragolu, Srikakulam Dist, Andhra Pradesh, India

E Mail: ramesh mandarapu@rediffmail.com

consanguineous marriage in different countries are dependent on different factors like education level, religion, local tradition, and socio-economic status [2,3]. One of the most interesting aspects of the practice is its decline in some areas specifically, Europe and North America, and its prevalence in other areas specifically Western and Central Asia. Numerous studies have investigated consanguineous marriage as a 'legal union of male and female of a common ancestor or between a man and woman related by blood' [4-6]. The most common prevailing form of consanguineous marriage is between first cousins [7]. The populations in the southern states of India (Andhra, Kerala, Tamilnadu and Maharashtra) are unique in the occurrence of a fair frequency of consanguineous marriages within the sub castes, and they thus provide an excellent opportunity for studying the detrimental effects of low levels of inbreeding and for estimating

<sup>\*</sup>Correspondence

P.Mohan Rao

the genetic load. Morton [8] developed formulae for the estimation of genetic load in terms of A and B statistics which could be used for discrimination between the mutational and segregational components of loads. The genetic variability present in any gene pool in the form of recessive mutations imposes a hereditary burden in population in the form of mortality and morbidity suffered by the homozygotes. This hereditary burden is referred as the genetic load, which has been defined in a number of ways by Muller, Crow, Wallace and by Dobzhansky [9, 10, 11]. One approach currently used to estimate the load is from the provided consanguineous matings. data The assumption in this approach is that deleterious mutations are recessive genes and their presence in the gene pool of a population should be revealed in the reproductive performance of consanguineous matings. As the closely related individuals have a greater chance of carrying identical alleles, the children of consanguineous matings have a greater chance of being homozygous for rare recessive alleles than the children from non-consanguineous matings. The caste system in India provides a variety of important and rare material for specific enquiries from the field of population genetics, when combined with genetical demographic studies. Salis is a 'Telugu Weavers' caste or social group found largely in the state of Andhra Pradesh in India. Salis are divided into two main endogamous groups, Padma or lotus (Padmasali), and Pattu or silk (Pattusali). The Salis follow weaving (Padmasalis cotton weavers and Pattusalis - silk weavers) as their traditional profession. Other occupations include agriculture, farm labours, personal servants, shopkeepers and masons. The Padmasalis occupy a better socio-economic condition than the Pattusalis in general. They are identified by different names in various regions throughout India. The present genetic study is carried out on two endogamous subgroups of the Salis caste population of Andhra Pradesh, South India. Both the subgroups are distributed throughout Andhra Pradesh. The main objective of the present study is to assess the genetic composition of these two subgroups and the extent of genetic differentiation among them with the help of various demographic and genetic variables.

#### Material and methods

A total of 520 couples belonging to two sub-groups of Sali populations, namely, Padmasalis and Pattusalis residing in and around Visakhapatnam and Vizianagaram of Andhra Pradesh have participated in this study. These families were selected randomly from rural and urban areas. A pre-tested, pre-designed and semi-structured proforma was used for the data collection. The women were explained the objectives of our study and were assured that their identities won't be disclosed. Consent was obtained from all the participants of the study. Demographic data pertaining to consanguinity and reproductive histories were Based on pedigrees, consanguineous obtained. marriages are classified as uncle-niece and first cousin marriages. First cousin marriages are further classified as marriage with father's sister's daughter (FSD) and mother's brother's daughter (MBD). Our data has been compared with available other caste populations of Andhra Pradesh.

**Statistical analysis:** The data were analysed by SPSS v 19.0 software. Standard procedures of chi-square test and regression analysis were employed to analyze the data. The values of co-efficient of inbreeding for various kinds of consanguineous marriages for autosomal (Fa) and sex linked (Fs) genes are different. In the present investigation the following Wright's formula as illustrated by Rao [12] was used. Fa =  $\Sigma$  Ci. Fai ; Fs =  $\Sigma$  Ci. Fsi, where Ci is the proportion of marriage type and Fai is the inbreeding coefficient for autosomal genes (Fsi) for sex linked genes.

The genetic loads were estimated from the data of consanguinity-related risk effects on mortality in units of lethal equivalents based on the A and B statistics obtained by the weighted regression analysis following the MCM formula,  $-\log S = A + BF$  [8], where S is the proportion of survivors, F the coefficient

of inbreeding, A the estimates of deaths that occur in the non-inbred offspring and B the measure of the hidden genetic damage expressed by inbreeding. The measure of total genetic damage is the quantity equal to the sum of B and A, and hence the number of lethal equivalents per gamete lies between B and B + A. The B/A value provide critical information about the relative importance of mutational and segregational loads such that if the ratio is more than 10, the load element is mutational, and less than 10 indicating segregational.

#### Results

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Population	Total Marriages	Affinal		Consangu	uineous Marri	lages	Inbre	eding Coefficier	nt
			UN	MBD	FSD	Total	Fa	Fs	
Padmasalis	265	167 (63.02)	52 (19.77)	20 (7.60)	26 (9.88)	98 (36.98)	0.0354	0.0340	
Pattusalis	255	173 (67.84)	32 (12.65)	33 (13.04)	17 (6.71)	82 (32.16)	0.0279	0.0319	
Salis (Pooled)	520	340 (65.38)	84 (16.28)	53 (10.27)	43 (8.34)	180 (34.62)	0.0647	0.0672	

Table 1: Distribution of Consanguineous and Inbreeding Coefficients among Salis

UN = Uncle-Niece; MBD = Mother's Brother's Daughter; FSD = Father's Sister's Daughter

Fa = Inbreeding Co-efficient for Autosomal genes; Fs= Inbreeding Co-efficient for Sex-linked genes

<sup>2</sup>=0.1401, 0.80>p>0.70

The distribution of consanguineous marriages and inbreeding coefficients are given in Table 1.

Out of 520 married couples, 180 women had practiced consanguineous marriages (34.62%) and 340 women had adapted to non-consanguineous (65.38%) marriages. Among the Padmasalis uncle-niece marriages (19.77%) are the most frequent followed by first cousins (FSD-9.88% and MBD-7.60%). Among the Pattusalis first cousin marriages (MBD - 13.04% and FSD - 6.71%) are the most frequent followed by Uncle-niece (12.65%). The overall consanguinity is more among the Padmasalis (36.98%) than among the Pattusalis (32.16%). However, the difference between the two groups is not statistically significant. The coefficient values for autosomal genes are higher in Padmasalis (0.0354) than the Pattusalis (0.0279). The pooled data shows a value of 0.0647. Likewise, the

coefficient values for sex-linked genes is higher in Padmasalis (0.0340) than the Pattusalis (0.0319). The pooled data shows a value of 0.0672. Table 2 represents the consanguinity and inbreeding coefficient for autosomal & sex linked genes among salis in comparison to different castes of Andhra Pradesh. The frequency of consanguineous marriages is highest among Jalaris (47.06%) [13] and lowest among Brahmins (13.91) [14]. The average coefficient of inbreeding for autosomal genes ( $F_{ai}$ ) is highest among Yadavas (0.077) [15] and lowest among Brahmin II (0.011) [16]. The average coefficient of inbreeding for sex-linked genes ( $F_{si}$ ) is highest among Vadabalijas (0.055) [15] and lowest among Kshatriyas (0.011) [17].

Table 2: Consanguinity and Inbreeding Coefficient (Autosomal & Sex Linked) in different castes of Andhra
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Population	Total no. of	Consanguine Marriages		Fai	F <sub>Si</sub>	Source		
		Number	Percent					
Padmasali	265	98	36.98	0.035	0.034	Present Study		
Pattusali	255	82	32.16	0.028	0.032	Present Study		
Kalinga	205	65	31.71	0.024	0.028	Sridevi, 2014 [18]		
Brahmin -III	631	-	14.90	0.012	0.016	Seethalakshmi,2002 [19]		
Rajaka	227	76	33.48	0.024	0.028	Parvatheesam, 1995 [20]		
Aryavysya	301	-	20.60	0.018	0.025	Lakshmi,1994 [21]		
Kalinga Vysya	287	-	26.13	0.023	0.029	Lakshmi,1994 [21]		
Trivarnika	258	-	31.40	0.025	0.029	Lakshmi,1994 [21]		
Dawoodi Bahras	105	27	25.71	0.015	0.015	Khaja,1993 [22]		
Pooled Muslims	443	138	31.16	0.019	0.015	Khaja,1993 [22]		
Shias Muslims	114	43	37.72	0.023	0.02	Khaja,1993 [22]		

#### Asian Pac. J. Health Sci., 2017; 4(1):183-189

e-ISSN: 2349-0659, p-ISSN: 2350-0964

Sunni Muslims	224	68	30.36	0.014	0.014	Khaja,1993 [22]
Reli-I	208	83	39.90	0.033	0.035	Ramesh,1992 [23]
Relli-II	220	93	42.27	0.030	0.023	Ramesh,1992 [23]
Relli(pooled)	428	176	41.12	0.031	0.029	Ramesh,1992 [23]
Vadde	2078	-	32.40	0.022	-	Reddy,1992 [24]
Chakali	104	33	31.73	-	-	Babu & Naidu,1989 [25]
Kummari	63	10	15.87	-	-	Babu & Naidu,1989 [25]
Madiga-I	92	30	32.61	-	-	Babu & Naidu,1989 [25]
Mangali	112	43	38.39	-	-	Babu & Naidu,1989 [25]
Yadava	260	87	33.46	0.077	0.052	Raja Rajeswari,1988 [15]
Vadabaliji	196	70	35.71	0.071	0.055	Raja Rajeswari,1988 [15]
Madiga-II	168	-	-	0025	0.036	Rao & Murthy,1986 [26]
Mala	88	-	-	0.026	0.055	Rao & Murthy,1986 [26]
Reddy-II	321	-	-	0.014	0.029	Rao & Murthy,1986 [26]
Vysya-II	244	-	-	0.016	0.028	Rao & Murthy,1986 [26]
Reddy-I	179	75	41.90	0.033	-	Govindareddy,1986 [27]
Brahmin -II	623	86	13.91	0.011	0.016	Srikumari,1986 [16]
Jalari – I	102	48	47.06	0.038	0.054	Veerraju,1978 [28]
Kammas	60	26	43.33	0.042	0.046	Veerraju,1978 [28]
Salis	82	22	26.83	0.020	0.031	Veerraju,1973 [13]
Kshatriya	100	40	40.00	0.035	0.011	Reid,1973 [17]
Kapu-II	610	169	27.70	0.017	0.024	Reid,1971 [30]
Muslim	356	124	36.24	0.025	0.042	Sanghvi,1966 [31]
Brahmin -I	83	21	25.30	0.019	0.032	Sanghvi,1966 [31]
Harijans	1185	-	39.32	0.029	0.046	Sanghvi,1966 [31]
		70 .	20.57	0.020	0.026	
Vysva-1	229	70	30.57	0.022	0.036	Sanghvi, 1966 [31]

Table 3: ]	Estimates of	genetic load	l among Sali	population of	Coastal Andh	ra Pradesh
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Population	А	В	B/A	Chi-Square $df = 1$	Regression $df = 3$	Deviation df =4
Padmasalis	1.9290	-2.5714	-1.3330	0.5317	3.1935	3.7253
Pattusalis	1.5944	0.8854	0.5551	0.0524	0.2922	0.3446
Pooled	1.7506	-0.8908	-0.5088	0.1219	0.6859	0.8078

Table 3 depicts the estimations of genetic load among Sali population of Coastal Andhra Pradesh. In the present study population the inbreeding load (B) obtained for Pattusalis was positive (0.8850) but in Padmasalis it was negative (-2.5714) indicating an increase in survival of individuals with increased homozygosity. The random load (A) in Pattusalis was 1.5944 and in Padmasalis it was 1.9290. The pooled data of Salis recorded a negative B value indicating an increase of fitness of offspring in comparison to the fitness of their parental generations. The chi-square values of regression are not significant in the pooled data. Also the deviation from fitted regression and the total chi-squares are not significant.

Population	А	В	B/A	Reference				
Padmasalis	1.9290	-2.5714	-1.3330	Present Study				
Pattusalis	1.5944	0.8854	0.5551	Present Study				
Salis (Pooled)	1.7506	0.8908	0.5088	Present Study				
Kapu	0.0305	1.4325	46.9700	Prakash et al., 2010 [32]				
Settibalija	0.0762	-0.0457	-0.6000	Prakash et al., 2010 [32]				
Paki	0.0210	1.0823	51.5400	Prakash et al., 2010 [32]				
Chachati Relli	1.4431	0.7064	0.4895	Ramana et al., 1999 [33]				

ASIAN PACIFIC JOURNAL OF HEALTH SCIENCES, 2017; 4(1):183-188

#### Asian Pac. J. Health Sci., 2017; 4(1):183-189

e-ISSN: 2349-0659, p-ISSN: 2350-0964

Kapu Relli	0.9479	-1.1415	-1.2042	Ramana et al., 1999 [33]
Arya Vysya	0.1074	1.2548	11.6859	Lakshmi,1994 [21]
Kalinga Vysya	0.1214	-0.2912	2.3983	Lakshmi,1994 [21]
Thrivarnika	0.1240	0.1125	0.9069	Lakshmi,1994 [21]
Madiga	0.4439	-0.2263	0.5100	Govindareddy,1986 [27]
Brahmin	0.1497	0.0085	0.0570	Sri kumari, et al.,1985 [14]
Mala	0.3688	0.0231	0.0600	Rao, 1984 [34]
Reddy	0.2251	1.2908	5.7300	Rao, 1984 [34]
Vysva	0.1524	2.1494	14.1000	Rao, 1984 [34]

Estimates of A and B and B/A ratio in different population of Andhra Pradesh are presented in Table 4. Three populations viz., the Padmasalis of the present study, Settibalija, Kapu Relli, Kalinga Vysya and Madiga exhibited negative values of B. A negative value of B means an increase in the fitness value of inbred. This may also be the result of under reporting of mortality in the offspring of consanguineous parents. Because of high rate of illiteracy the people may not realize the importance of reporting ill-fated conceptions or they may not be able to recollect past events despite thorough enquiry by the author. The B/A ratio is found to be more among the Paki and Kapu [32], Vysya [34] and the Arya Vysya [21].

## Discussion

Consanguineous marriages are common in Andhra Pradesh and they have a very long history. In such a long history of consanguinity, its effects are naturally greatly reduced due to natural selection. The same is observed in the present study. The highest rates of consanguineous marriage in South India are usually reported in traditional rural areas and among the poorest and least educated groups. However, close kin marriage is commonplace even in Brahmin communities [35], and it may be strongly favoured among major land-owning families as a means of ensuring the maintenance of their estates. The only communities in which consanguinity appears to be specifically avoided are those with origins in North India, and which continue to follow the traditions of that region [36]. Although the most common form of consanguineous marriage in all major societies is between first cousins, the importance of customary influences is apparent from variations in the specific types of first-cousin marriage contracted. While marriage to mother's brother's daughter is the strongly preferred form of consanguineous union among South Indian Hindus [37], all four types of first-cousin union, i.e. to father's brother's daughter, to father's sister's daughter, to mother's brother's daughter, and to mother's sister daughter, are arranged in South Asian Muslim communities.In the present study population the inbreeding load (B) obtained for Pattusalis was positive (0.8850) but in Padmasalis it was negative (-2.5714) indicating an increase in survival of individuals with increased homozygosity. The random load (A) in Pattusalis was 1.5944 and in Padmasalis it was 1.9290. The pooled data of Salis recorded a negative B value indicating an increase of fitness of

offspring in comparison to the fitness of their parental generations. The subgroups of Salis in the present study belong to low socio-economic conditions; only Padmasalis recorded a negative load value, a characteristic feature of the present study. The negative value, might obviously be due to high mortality in noninbred group of individuals. The negative regression could also arise due to effect of inbreeding on incompatibility [38]. Another argument, the high levels of inbreeding in the low socio-economic castes would have been eliminating the deleterious genes, and under interaction with living conditions, such high inbreeding might also lead to increased homozygosity of many of the genes, that might have adapted to those conditions. Such an increase in homozygosity of the adapted genes would explain the increased survival of individuals under inbreeding in these caste [26] populations. In the present study the number of lethal equivalents was high in Pattusalis 2.4794. The Padmasalis recorded a negative value of -0.6424 due to a negative regression coefficient B value. The pooled data of Salis also recorded a negative value of A +B (-0.5088), indication a decrease in prenatal & prereproductive deaths or increase in survival capacity due to environmental and genetic factors. The B/A ratio above 10 and upwards indicate that the load is predominantly due to mutation-selection balance. If low, it is due to herterozygote advantage In the present study the B/A ratio recorded -1.3330 in Padmasalis and -0.5088 in the pooled data indicating that load does not exist either by mutation selection balance or heterozygote advantage. Instead, the present generations of Salis are more capable of surviving than the parental generation. But in the case

of Pattusalis along the B/A ratio was found to be of a positive value i.e., 0.5551, which is low considered to be due to heterozygote advantage.Inbreeding is observed to be high among the lower strata population, while it is less among the upper strata populations. This is perhaps because the lower strata groups move in an area of small radius and live closely knitted while the people of upper strata are spread over an area of larger radius, and hence come in contact with people of distant areas which dilutes inbreeding and enhances scope of random mating. Inbreeding coefficients also follow the same trend.

## Conclusion

The Hindu populations throughout India are organized into castes and sub castes which are largely endogamous. The populations in the southern states of India are unique in the occurrence of a high rate of consanguineous marriages within the endogamous groups. The prevalence of consanguineous marriages is high in our study. There is a lack of awareness and knowledge about the ill effects of consanguinity. Health education and genetic screening were suggested to curb consanguineous marriages in order to prevent adverse outcomes for better health.

## Acknowledgements

The authors wish to thank the respondents who willingly participated in the study.

**Ethical approval:** The study was approved by the Institutional Ethics Committee

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Source of Support: Nil Conflict of Interest: None

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